

**How To Live Well Without Owning A Car**  
**Save Money, Breathe Easier, & Get More Mileage Out Of Life**  
**By Chris Balish**

Table of Contents

Introduction

Part One: Why You're Better Off Not Owning a Car

1. The Car-Free Way to Financial Freedom
2. The True Financial Costs of Owning Your Car
3. The Quality of Life Costs of Owning a Car
4. The Environmental Costs of Cars
5. But Can You Really Live Without a Car?
6. From Car-Dependent to Car-Free: My Story
7. Okay, But I'm Still Not Ready to Give Up My Car

Part Two: Getting to Work Without a Car

8. Car-Free Commuting: It's Easier Than You Think
9. Should You Move Closer to Work?
10. Mass Transit
11. Carpooling and Ridesharing
12. Motorcycles and Scooters
13. Bicycling
14. Walking
15. Wardrobe, Appearance, and Grooming
16. The Trial Run

Part Three: Non-Work Transportation

17. General Strategies for Non-Work Transportation
18. Make Your Errands Come to You
19. The Miracle of Car Sharing
20. Rental Car Weekends
21. Friends, Relatives, and Coworkers
22. Socializing and Dating Without a Car
23. Special Situations Require Creativity

Part Four: Living Well Without a Car

24. Try Going Car-Free for One Week
25. Taking the Plunge: Getting Rid of the Car
26. The Payoff: A Richer, Healthier, Less Stressed Life
27. Giving Back: What to Do With That Extra Time and Money
28. Advice for Two- and Three-Car Families

Spread the Word

Index

About the Artists

About the Author